

LENT DINNER MENU

Asian Salmon Salad 13

A mix of spinach and romaine lettuce with dried cranberries, mandarin oranges, pecans, and lo mein noodles tossed in an Asian ginger dressing.

Pumpkin Seed Salmon 16

Salmon, seared medium, drizzled with garlic-herb butter, topped with pumpkin seeds, and served with grilled asparagus and a crispy red polenta cake.

Seafood Pasta 19

One full pound of mussels with shrimp in a blonde ale cream sauce, infused with garlic, red peppers, and served over fresh fettuccine.

Fish and Chips 12

Cod battered in-house; dipped in our 4204 lager batter and fried golden brown.

Fried Shrimp 18

(10) Deep fried to a golden brown and served with choice of one side and house-made cocktail sauce.

Shrimp and Scallops 22

Large bay scallops and shrimp served over our fresh fettuccine pasta in a rich scamp sauce.

Blackened Ahi Tuna 18

Pan-seared blackened tuna seared rare and served over grilled asparagus and coconut rice.

Tuscan Pasta 12

Fresh pasta tossed in a sun-dried tomato pesto with garlic-infused olive oil, basil, and seared cherry tomatoes with freshly grated aged Parmesan cheese. Served with soup or a Salad.

Shrimp Alfredo with Broccoli 14

Made with fresh cream, butter, roasted garlic, and an aged and imported parmesan cheese. Served with soup or a Salad.

LENT LUNCH MENU

Shrimp Scampi Flatbread 10

Shrimp sautéed with butter and garlic, topped with Alfredo sauce, and a signature blend of fresh mozzarella cheese, served on one of our crispy flatbreads.

Cod Cut Ups 8

Cod loins cut up into bit size pieces, served with coleslaw and fries.

Cod Sandwich 8

Cod Loin hand-battered, fried, and served with tartar sauce, coleslaw, and fries.

Shrimp Po Boy 9

Tempura breaded shrimp on top of a hoagie, served with a spicy house-made remoulade, lettuce, and pickles.

Fish or Shrimp Tacos 8

Two Grilled or Fried fish tacos served in a lightly grilled tortilla shell and topped with Chipotle slaw.

Substitute grilled shrimp for \$1 more.

Tuscan Pasta 10

Fresh pasta tossed in a sun-dried tomato pesto with garlic-infused olive oil, basil, and seared cherry tomatoes with freshly grated aged Parmesan cheese.

Served with soup or a Salad.

Shrimp Alfredo with Broccoli 10

Made with fresh cream, butter, roasted garlic, and an aged and imported parmesan cheese.

Served with soup or a Salad.

Roasted Vegetable Flat Bread 10

Garlic infused extra virgin olive oil brushed over a thin lavish crust, covered with sliced mushrooms, red onions, green and red peppers, fresh baby spinach, diced tomatoes, and then sprinkled with fresh mozzarella.